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Cryosurgery

Cryosurgery is the treatment of lesions with the application of a cold substance. In most cases, liquid nitrogen is used to destroy the lesion(s).

After treatment with liquid nitrogen there may be some burning sensation or pain that can last up to 24 hours. The discomfort can be relieved with extra strength Tylenol or similar pain relief medication.

Within 24 to 48 hours a blister may form. The blister normally will dry up on its own. However, if the blister becomes painful or enlarged you may lance it (open it up and drain it) with a sterile needle but leave the roof of the blister over the top. Cover with Polysporin ointment and a Band Aid.

Instructions for Care (twice daily until healed)

Beginning the evening of treatment

1. Wash your hands with soap and water.
2. Clean the blister site(s) with soap and water, rinse, then pat dry.
3. Apply Polysporin Ointment or Aquaphor Ointment.
4. A band-aid may be applied loosely over the blister(s) until dry.
5. Call the office if signs of infection occur. (Redness, swelling, heat, increased pain or yellow discharge)